



Module 4

Telling a New Story

Attract what you want by telling the right story

In order to attract what you want into your life you are required to tell the story of what you want

In this module you will:

- Discover the story you are telling
- Create a new story of prosperity, love and joy
- Learn to ask for what you want and believe you can have it
- Feel confident and successful

Be the
ENERGY
you WANT
to attract

Review of Module 3

What feeling of UNWORTHINESS did you discover that were blocking your abundance?

How successful were you at beginning to release these feelings?

Were you able to bring in feelings or worthiness, love, joy and prosperity?

What manifestations did you see in reference to abundance this last week?



The story I'm telling myself right now is...

Discover the story you are telling.

What are you saying about the things you don't like about your life to yourself and to others? Write it down here. (example): I don't have enough money, I'm broke, I'll never find love, I'm too old to....., I never catch a break, _____ keeps happening to me)

Every time you keep telling this story you are re-enforcing what you don't want in your life. It's time to tell a NEW story. You are going to do that next.



Learn to ask for what you want

You are now going to take Step 1 in manifesting what you want in your life: Asking

Write down what it is you want in your life. Include any areas: finances, relationships, spirituality, health, etc.

After you have it all written down, read it out loud as you ask Universe/Divine God for what you want.



Believe you can have it and that it's on the way to you

Next you are going to take Step 2: Allowing & Believing

Know that what you asked for is already on its way to you.

Universe/Divine God is orchestrating every necessary event, person, and circumstance to bring what you want to you. All you have to do is believe that it is possible and allow it into your life.

Thoughts will come to you right away that that contradicts this.

Write them below: (Ex: That's not possible for me, I don't deserve it because ..., This only happens to other people, I'm not that lucky, Yeah right!)

1. _____

2. _____

3. _____



These thoughts signify your “belief system” – what you believe to be true because you heard it from others or have had experiences in the past. However, if you change the thoughts you think, you can change what you believe and thus change what you create in your life. Take each of those contradictory thought and journal about them below. Where did they come from? Why do you believe it? Is it really true?

1. _____

2. _____

3. _____

4. _____



Now write the exact opposite of each opposing thought below and next to it write evidence on how this is true in your life.

1. _____

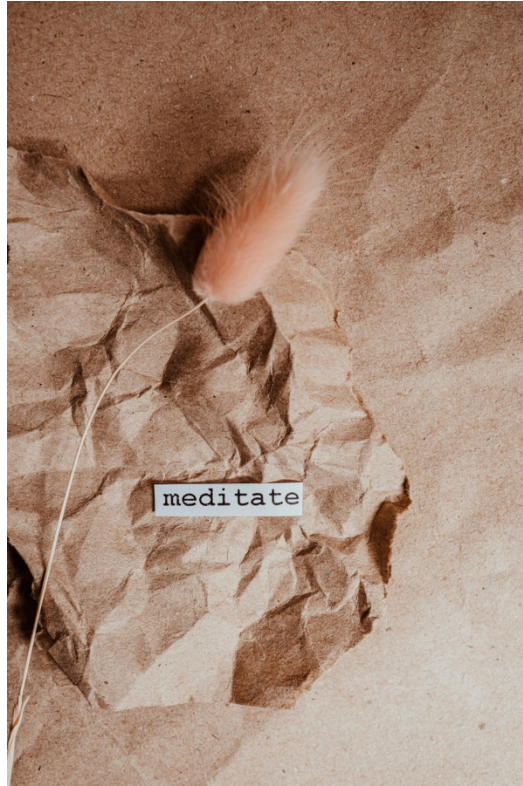
2. _____

3. _____

4. _____

Once you are done read each positive thought over and visualize the GOOD FEELING it brings. Stay in that good feeling state as long as possible. Do this exercise every morning and before bed as well as any time you are feeling worried, anxious, unsure, doubting, etc.

Doing this is raising your “vibration” and the higher your vibration is, the more quickly you manifest what you want in your life.



Listen to the 3rd audio meditation EVERY day. Use headphones so you will not have any distractions. Below, write how you feel each day after your listen to the recording:
